

Tennis Ladder Rules

1. **RANKINGS-** During the first weeks of practice, players will be assessed and placed into a ladder system. (no challenges before first match)

2. **CHALLENGING-** You may challenge a player ranked one spot above you. If you win, you take the place of the person you defeated.

3. **IF YOU ARE CHALLENGED-** If you are challenged you will receive a call or email from your coach. You then have two options:
 - a. Accept the challenge: Must be played Wednesday 12:15-3:00 pm.
 - b. Decline the challenge: Instead of accepting the challenge, you may decline and forfeit the match. This is the option you should choose if you cannot accept due to illness, vacation, etc. This option is also the default if you do not respond to a challenge within 24 hours.

4. **MATCH RULES-** One 8 game pro set with a seven-point tiebreaker played at 7-7. Players will spin a racquet or flip a coin to determine initial serve or side of the court.